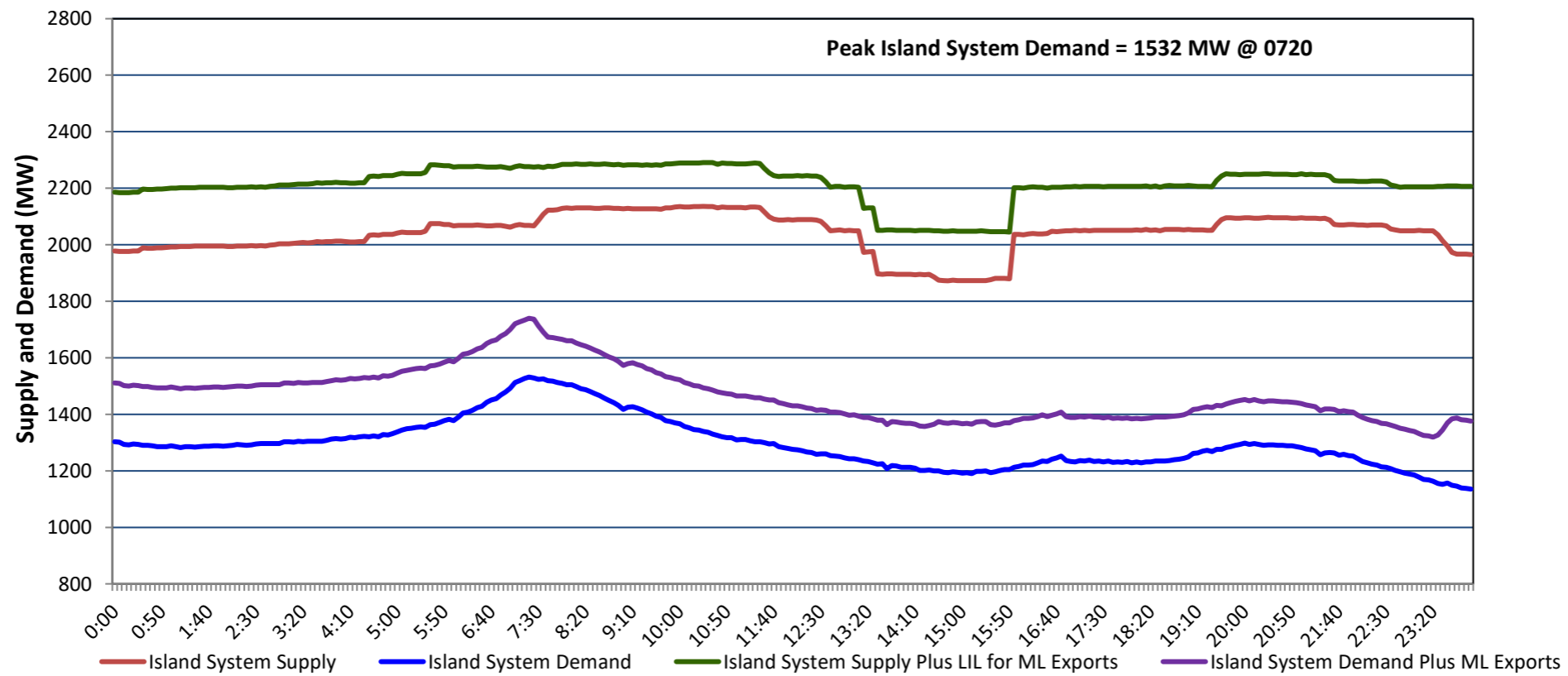


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Tuesday, March 31, 2026**

**Section 1  
Island Interconnected System - Supply, Demand & Exports  
Actual 24 Hour System Performance For Monday, March 30, 2026**



**Island Supply Notes For March 30, 2026**

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 2234 hours, March 20, 2026, Holyrood Unit 1 available at 166 MW due to forced derating (170 MW).
- C As of 1426 hours, March 22, 2026, Paradise River Unit unavailable due to planned outage (8 MW).
- D As of 1525 hours, March 24, 2026, Holyrood Diesels available at 8 MW due to forced derating (10 MW).
- E As of 1251 hours, March 26, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- F As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- G At 1312 hours, March 30, 2026, Bay d'Espoir Unit 5 unavailable due to planned outage (76.5 MW).
- H At 1325 hours, March 30, 2026, Bay d'Espoir Unit 6 unavailable due to planned outage (76.5 MW).
- I At 1552 hours, March 30, 2026, Bay d'Espoir Unit 5 available (76.5 MW).
- J At 1553 hours, March 30, 2026, Bay d'Espoir Unit 6 available (76.5 MW).

**Section 2  
Island Interconnected System - Supply, Demand & Outlook**

Tue, Mar 31, 2026	Island System Outlook <sup>2</sup>	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast <sup>8</sup>	Adjusted <sup>6</sup>
Island System Supply: <sup>4</sup>	2,190 MW	Tuesday, March 31, 2026	1,290	1,195
NLH Island Generation: <sup>3,7</sup>	1,515 MW	Wednesday, April 1, 2026	1,385	1,289
NLH Island Power Purchases: <sup>5</sup>	130 MW	Thursday, April 2, 2026	1,380	1,284
NP and CBPP Owned Generation:	225 MW	Friday, April 3, 2026	1,370	1,274
LIL/ML Net Imports to Island: <sup>9</sup>	320 MW	Saturday, April 4, 2026	1,260	1,165
		Sunday, April 5, 2026	1,310	1,215
7-Day Island Peak Demand Forecast:	1,385 MW	Monday, April 6, 2026	1,265	1,170

**Island Supply Notes For March 31, 2026**

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. As of 0800 Hours.
  3. Gross continuous unit output.
  4. Gross output from all Island sources (including Note 3).
  5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
  7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
  8. Does not include ML Exports.
  9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3  
Island Peak Demand and Exports Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Mon, Mar 30, 2026	Island Peak Demand <sup>10</sup>	7:20	1,532 MW
	Exports at Peak		208 MW
	LIL Net Imports to Island		5,325 MWh
Tue, Mar 31, 2026	Forecast Island Peak Demand		1,290 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).